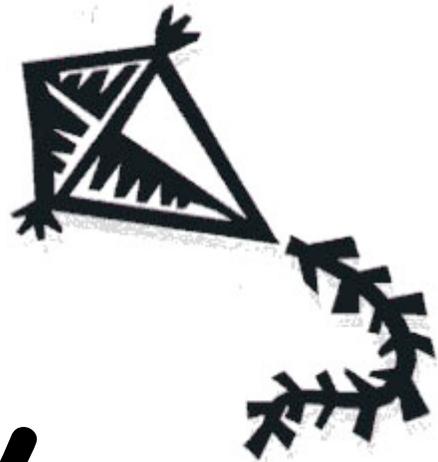




# YOUTH



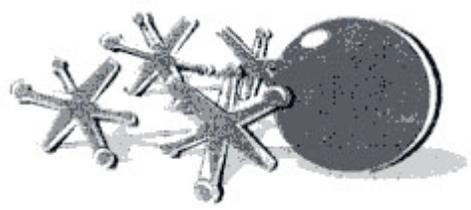
# RALLY



# IDEAS

(Guidelines)

Courtesy of Region 4  
Family & Youth Chairman  
Mary Lou Thompson



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# YOUTH RALLY ACTIVITIES

## FUN & GAMES

- **Finding Colored Toothpicks:** Scatter colored toothpicks in a grassy area. Have a start and a stop time. Winner is the one that gathers the most. A prize for the winner. **Note:** Small paper lunch size bags could be provided to put toothpicks in. The bags could be used as a craft activity... the paper bags could be decorated... color/paste/stickers onto the bag. (Items would need to be provided to decorate bags. paper, punches, markers, glue sticks, yarn etc.) Have kids put their name on bag. Bag could be used for several activities or as a "goodie" bag to take home from rally. May even ask each child to bring a lunch size paper bag to the rally to be used for above.
- **Chorus Line:** Line kids up all facing a line., like a chorus line. Ask the kids to untie one shoe and loosen the shoe halfway off. On the count of three, ask them to kick the leg with the shoe half way off. The winner kicks the longest distance. A prize is given for the longest kick. **Note:** If a wide age range of kids, try to group them in close proximity.
- **Treasures In A Haystack:** Lay out a large tarp, spread clean straw on the tarp and toss coins and small items into the straw. Rolls of pennies, nickels, dimes and maybe even quarters could be used. Small items may also be used i.e.: fancy erasers, whistle, charms etc. Turn the kids loose to see what they can find. **Note:** Keep the groups small by ages. Split the loot into 2 different hunts. Other Variations: Toss wrapped candy, fancy erasers, small plastic animals (farm or circus).
- **Hula Hoops:** Lay hoops at different distances away and toss small ring Frisbees into them for points. Kids can earn more points for hoop farthest away. Player with most points wins.
- **Follow The Footsteps:** These extra-large footprints can lead children on a fun, wobbly walk across a grassy area. Cut out three giant footprints out of cardboard. Toss two of the footprints next to each other on the ground, have the child stand on them exactly as they land. Child then flings the third footprint a few inches ahead of him and steps on it. He picks up the one footprint left behind, tosses it ahead of him, and steps on it, never touching the ground. If there will be a group of children, cut out lots of jumbo feet and set up races from one area of the grass to another. **Note:** Each child could make 3 of the cardboard footprints and then asked to decorate them. Each child's name (date & rally too) could be written 'on the footprints and items provided for decorating: markers, crayons, stickers, magazine pictures, cut outs, glue sticks etc. Decorating the footprints could be part of a craft activity. A treasure each child could then take home and play with friends.
- **Balloon Toss:** Fill small balloons with water. Divide kids into two-man teams. The balloon is tossed trying not to break it. With each toss, team members move further away. Team who keeps the balloon from breaking wins.
- **Break the Piñata:** Purchase a colorful piñata filled with candy and small items. Have the kids take turns trying to break the piñata. When broken all the kids can pick up the prizes.

- **Marble Shoot:** Kids today aren't familiar with shooting marbles out of a ring. Grandfathers and Dads should remember how marbles are played. Kids can also try shooting marbles into a shoebox with an opening or two. Above each opening place a number amount (5 - 10 -15). They can take turns, whoever gets the most marbles in the box wins. Note: Children could be asked to bring a shoe box to the event. Provide items for decorating: markers, crayons, stickers, pictures, cut outs, glue sticks etc. This could be part of a craft activity. The boxes could be taken home with each child to be played with friends at a later time.
- **Marble Roll-Away:** A shoe box with 5 square openings on one edge of the long side of the shoe box is needed. Make the center opening the smallest and mark 10 above this opening. Cut the 2 end openings and they should be of medium size and mark 5 above these openings. The other two holes should be fairly large and marked with a 1 above these openings. Each player is given three marbles and asked to roll the marbles towards the box, one at a time. Score is kept by totaling up the points above the openings the marbles went in. Pass the three marbles to the next player. Decide how many rounds will be played. Winner is child that scores the highest points.
- **Bean Bag Toss:** A small prize given for each player.
- **Scavenger Hunt:** Prepare a list of articles that could be found in RV's. Include some crazy choices that will produce laughing. Children should visit all RV's during a limited time period. Match up two children per team if a large group. Provide children with a list and a bag for collecting the items. Child/team returning to starting point, with the most items wins. List may contain some of these items: a brown shoelace, a Band-Aid, calendar, blue thread, I 1957 penny, waxed paper, one left shoe, tissue paper, ace of hearts playing card, a piece of string, a comb, emery board, thimble just to name a few. Note: Each child could be provided a paper bag and asked to decorate it. Each child's name should be written on the bag and provide items for decorating the bags: markers, crayons, stickers, magazine pictures, cut outs, glue sticks etc. Decorating the bags could be part of a craft activity.
- **Outdoor Scavenger Hunt:** 20 - 30 minute time limit: A few list suggestions: 1. Something alive that flies 2. A cup of wet sand 3. A worm 4. A cup of water 5. Five pine cones 6. Three rocks 7. Seven leaves that have fallen from trees 8. A piece of string 9. 2 empty soda pop can or bottles 10. Two pieces of charcoal.
- **Bingo:** Play Bingo. Each child gets 2-3 cards. Winner/s get prizes.
- **Tree Bingo:** You don't have to collect the items on the bingo card .... just make a note of where you found them. The winner is the first to find all the items in a row- down, across, or diagonally. Can anyone get a "blackout"? Each child gets one card. All the cards are the same. The following are a few suggestions for making a card.

**Row 1:** across might be: Scaly evergreen needles - Flaky bark - Pinecone on ground - Tree on a hill - Prickly leaf

**Row 2:** Shaggy bark - Branch with thorns - Fragrant pine needles -Animal hidey hole - Long pine needles in a cluster.

**Row 3:** Animal on tree - Short, single pine needles - FREE SPACE - Pinecone attached to a branch - Bumpy bark - Tree with triangular shape - Smooth bark - Tree with two or more trunks - Sticky sap - Short, round bud - Tree with rounded top - Tree by a stream or river - Long, pointy bud - Tree with one main trunk - Squirrel nest.

- **Beach Blanket Bingo:** Have children dress for the beach. Spread out some beach towels on the 'beach'. Provide each child with "wayfarers" (sunglasses). Play bingo, 2 bingo cards per child. Sand buckets could be used for table decorations. Scatter bingo chips on top of the table and beach towels. Bingo prizes could be: sunglasses, ear plugs, beach towel, swim fins, snorkel, eye mask, or blow up plastic beach/pool toys.
- **Mini- Car Caravan:** If you are in an area with points of interest that kids might enjoy, a mini-car caravan for a day could be planned. Check out the places ahead of time and make arrangements plans for tours etc. with a guide to explain things to the kids. Possible suggestions: a bird sanctuary, natural history museum, museum for kids with dinosaurs, stuffed animals/bones fossils etc. A driver's type manual/folder/journal for the each of the kids is made up. Try to include brochures of where they are going, map/s and some blank paper and pencils for notes or sketches. Older kids can write about each place visited and the younger ones could draw a picture about each place. Pack a picnic lunch or stop at a favorite fast food. The evening before this event a mini drivers meeting could be planned. Maps and schedule could be given out at that time. Since no games will be played, no prizes will be won each child could be given a grab bag with goodies or small toys.
- **Relay Suitcase Race:** Items needed: Two small suitcases, a large pair of jeans, large pullover sweater and a large pair of boots are needed for each suitcase. Have two suitcases with like clothing in them. One child from each team races to a suitcase, opens it, puts on the clothing, then takes the clothing off and puts clothing back into the suitcase, closes the suitcase and races back and tags the next person on his team who repeats the process. Prizes for the winning team.
- **Pin the Parts on the Clown (Pony, Donkey, Insect etc.):** Prior to the rally, draw a very large clown on a piece of poster board. From construction paper, make the following items that will be used to "pin" onto the clown: a hat, eyes, ears, nose, mouth, hands, feet and buttons. Adult supervision is recommended. This is a take-off of a Pin the Tail game. Kids pick a part they want to try to put on the clown. The is blindfolded, turned around once and tries to put a part onto the clown.
- **Peanut Race:** A start and finish line are placed on the floor. The kids line up at one line and each is given a pencil and a peanut in a shell. The object is to push your peanut across the floor using the pencil only. First one to get their peanut across the room to cross the other line is the winner.
- **Tightrope Walking Race:** Items needed; 2 equal lengths of cord, about 20 feet each. Stretch the cords across the room, parallel to each other and at least 3 feet apart. Anchor both ends of each cord by tying to a tent stake, brick or books. Show the kids how to walk the 'tightrope". Begin by placing the heel of one foot on the starting line. Proceed across the rope by placing the heel of the other foot directly against the toes of the first foot, until you reach the finish line. Divide the players into groups of four. The winner of each group is the one who can walk the tightrope the fastest. May be played as an elimination race.
- **Animal Hunt:** Using animal patterns, trace and cut out about 8 small animals for each child. Hide these cutouts about the area before beginning this game. Tell the children that, on a signal, they are to collect as many paper animals as they can. The child who finds the most is the winner. **Note:** "Cookie cutter" shapes work great for patterns. The tracing and cutting of the animals could be used as a craft activity. Hide cutouts at another time during the rally.

- **Ball Balancing Relay:** Items needed: Empty plastic soda bottle, and a small "jack" size ball. Set the empty bottle at the turning point for each team. Give the first player on each team a ball. At the signal each player is to run to the bottle and balance the ball on top of it. He then returns to tag the second player, who runs up and brings the ball back to the third player. This player then balances the ball on the bottle again. Continue alternating in this way until the first player is at the head of the line again.
- **Tic-Tac-Toe Toss:** This game is to be played outside in the grass...an oversized version of tic-tac-toe. Instead of x's and 0's, use two colors of playing pieces such as orange and yellow. (Bright colors show up best in the grass.) To make the pieces, *stuff* 5 orange and 5 yellow cotton ankle socks with zip-lock plastic bag full of dried beans or rice. Tie each sock end tightly with twine/string. Have the kids make a grid in the grass with wide masking tape. Have the children pitch bean bags into the squares, trying for three colors in a row. Note: square/round bean bags could also be sewn for this game. Will need 2 bright colors of fabric.
- **Jumbo Dice - Silly Stuff:** Perform silly stunts with jumbo cardboard box dice. Tape shut two large, empty square boxes. Apply masking tape along the box edges. Using a large piece of paper, write one command on the paper with a marker. Will need one sheet of paper for each side of both boxes. A different command will be on each piece of paper. Tape each paper on a side of the box. One die/box has "sound" commands, such as "Bark like a dog" or "Make spooky noises". The other has action directions, like "Twirl around five times", "Laugh out loud" or "Leap like a frog". Note: Boxes may be covered with contact paper if wishing to use again.
- **Wrap Session:** It doesn't have to be Halloween to create spooky costumes. Give children rolls of colorful streamers (available at party supply stores or donated) and let them wrap each other from head to toe. It is suggested that they do the mummy march, arms extended, around the area. Try to capture everyone's silly monster moment on film.
- **Teach and Sing:** Teach the kids silly songs for entertainment. A few songs to try.

**Arky Arky**

The Lord told Noah, "There's gonna be a floody, flood."  
 The Lord told Noah, "There's gonna be a floody, flood."  
 Get those animals out of the muddy, muddy, children of the Lord.

*The* Lord told Noah to build Him an arky, arky.  
 The Lord told Noah to build Him an arky arky.  
 Build it out of gopher barky, barky, children of the Lord.

The animals, the animals, they came in by twosies, twosies.  
 The animals, the animals, they came in by twosies, twosies.  
 Elephants and kangaroosies, roosies, children of the Lord.

It rained and poured for forty daysies, daysies.  
 It rained and poured for forty daysies, daysies.  
 Almost drove those animals crazy, crazy, children of the Lord.

The sun came out and dried up the landy, landy.  
 The sun came out and dried up the landy, landy.  
 Everything was fine and dandy, dandy, children of the Lord

**Chorus:**

Rise and shine and give God the Glory, Glory.

Rise and shine and give God the Glory.

Rise and shine and give God the Glory, Glory, children of the Lord.

**SHARK SONG**

Baby shark do do da do do da do. (Sing 3 times)

BABY SHARK!

Momma shark do do da do, do do da do. (Sing 3 times)

MOMMA SHARK!

Daddy shark do do da do, do do da do. (Sing 3 times)

DADDY SHARK!

Grandpa shark do do da do, do do da do. (Sing 3 times)

GRANDPA SHARK!

Going swimming do do da do, do do da do. (Sing 3 times)

GOING SWIMMING!

Here they come do do da do, do do da do. (Sing 3 times)

HERE THEY COME!

Swimming faster do do da do, do do da do. (Sing 3 times)

SWIMMING FASTER!

Shark attack do do da do, do do da do. (Sing 3 times)

SHARK ATTACK! CPR do do da do, do do da do. (Sing 3 times)

CPR! Didn't work do do da do, do do da do. (Sing 3 times)

DIDN'T WORK!

Going to heaven do do da do, do do da do. (Sing 3 times)

GOING TO HEAVEN!

**CAR SONG**

I'm a little piece of tin

Nobody knows what shape I'm in.

I've got 4 wheels and a running board

I'm a Chevy, I'm a Ford

Honk, honk, rattle rattle, crash crash, beep beep. (Sing 2 times)

**LITTLE GREEN FROG**

Mmmm ah went the Little green frog one day - Mmmm ah Mmmm ah.

All the other frogs went Foh doh di oh di oh, Foh doh di oh di oh,

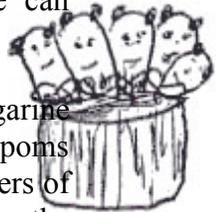
Foh doh di oh di oh. All the other frogs went Foh doh di oh di oh,

Except for the Little green frog, who went Mmmm ah Mmmm ah Mmmm ah ah ah.

# YOUTH RALLY ACTIVITIES

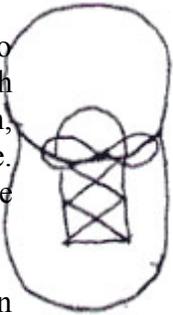
## FUN WITH CRAFTS

- **Decorating Place Mats:** Spread white paper on tables, divide off into place settings (one per person attending rally) using markers. Have the kids decorate their place mat area and one for each member of their family. Markers, crayons, stickers, pictures, cut outs and glue sticks etc. should be provided. Would be nice to keep with the theme selected for the youth rally. Individual white paper place mats could also be used.
- **Paper Bag Puppets:** Using small lunch bags, color or glue on colored paper eyes, nose, ears and mouth to see how many different characters the kids can design. Hand puppets made with lunch size paper bags, decorate with yarn, markers, stickers, cut outs, yarn, string and glue sticks etc. The natural fold near the bottom of the bag makes a good mouth and finger control area to make puppet come alive. Hold an impromptu paper bag puppet show.
- **Tin Can Stilts:** Before the rally save large tin juice cans. (Hawaiian punch, tomato juice etc.) Each pair of stilts will need the same size cans, 2 cans per child. Smaller size cans for younger children works well. The top of each can should be cut out. Rope and an electric drill will also be needed. An adult drills two holes, one on each side, towards the rim, of the open end of the can. Put a length of rope through each hole and measure up to each individual child's hand. Tie each end of the rope into a knot to secure. (Knots will be on the inside of the cans.) The child places one foot on each can, holds/pulls up on the rope with both hands and tries to walk on the 'can stilts'. Practice in a grassy area in case of falls. After some practice, races could be done.
- **Tub of Bears:** Assemble/make before the rally. Will need one per child: 1 small plastic margarine container, 1 inexpensive cotton, white/natural work glove, a small bit of yarn, 15 small pompoms (1/4" - 3/8" size) and 10 small 'wiggle' eyes (7 mm size) and fiberfill stuffing. Stuff the fingers of the glove with fiberfill... using the yarn, tie off the tip area of each finger as that will become the head of a bear. Cut the *inside* only of the cuff where it is sewn to the glove. Unfold the cuff after cutting. Stretch the cuff over the top opening of the margarine container and down over the sides and on the bottom. Glue to the bottom of the container to hold in place. The cuff will now be on the sides and bottom of the container. Glue on two pom-poms on one glove finger/head area for ears and one for a nose. Glue 2 wiggle eyes in place. Continue as above for remaining glove fingers/head. After all tile glued parts are dry, gently push the glove into the container with the little bears (glove fingers) sticking up.
- **Clown Egg:** The object is to make a clown out of a plastic Easter egg. Kids will glue feet on the bottom of the clown, glue eyes, nose and mouth on to make a face and glue a pointed hat onto the top of the egg to finish the clown. It is suggested that some items be assembled prior to the rally. Cut out lightweight cardboard that will be used for the feet, glue felt on one side of the cardboard feet. Using different colored pieces of felt, cut out small triangles and circles that will be used for the eyes, nose and mouth for each clown. Now the clown will need a hat, cut out a piece of felt to make the clown a pointed 'dunce' type hat. Either sew or glue the felt into the hat shape needed. Different colored felt hats are suggested. Place all the 'clown parts' in a plastic bag until the craft activity starts. Have each child pick colored egg of choice. Glue eyes, nose, mouth onto egg, glue feet to base of egg, and then glue hat in place. Adults may be needed to assist the kids when making this project.



- **Hand Fan With Handle:** Items needed for each fan: 2 greeting cards, cut to the same size; 1 craft stick (or tongue depressor); 2 1/2 feet of yarn to sew the cards together and glue Possibly Do ahead. Hold the 2 cards together and punch holes all around the 4 sides, about 3/4-inch to 1 inch apart. Kids can assemble by putting the stick in the middle of both cards and glue the stick in at the bottom. The stick will become the handle of the fan. Allow to dry. Starting at the bottom center, leaving a 4-inch piece of yarn, sew around the edges of the cards/fan. Tie off the 4-inch yarn piece and other end of yarn, making a bow with the yarn at the stick area. Trim any excess yarn after making the bow.
- **Recycle Plastic Bags into Jump Rope:** 18 plastic shopping bags will be needed for this craft to make 1 rope. Smooth out 3 bags. Hold the 3 bottoms in one hand, and wrap masking tape around them an inch or two in from the end. Sit down and hold the taped end with your feet, or ask someone to hold it for you, and tightly braid the bags. Wrap tape near the end of the braid. Trim both ends. Repeat this process 5 times so that you have 6 braids. Join the 6 braids into a long rope by overlapping the ends and taping them together. Kids can have fun jumping with their new rope!

- **Making a "Shoe" In:** Cut out 2 shoe shapes from construction paper. Cut one of the pieces to look like the top of a shoe. Fold this piece in half and make 4 holes with a paper punch through both sides. Unfold the top piece and lace it with a shoelace, yarn, string or other tie. If you wish, use a marker to color the shoelace. Cut out a tongue for the shoe and glue it behind the shoelace. Glue the top and bottom parts of the shoe together *only around the edges*. Use a marker to outline the shoe and decorate it. The shoe could be filled with letters, birthday cards or party invitations.



- **"Bear" Bingo Cards:** To make the bingo cards, draw and cut out bear shapes from construction paper. Make one board for each player. Use a marker to add facial features. Write 6 numbers between one and ten on each bear. Draw and cut out ten *bear-head shapes* from paper to make the number cards. Number them from one to ten. Cover-up the number pieces will need to be provided (buttons, paper squares or circles, bears etc.) 5 pieces per player. To play: Each player takes a board. Place the playing pieces where all the players can reach them. Drop the number cards into a bag. Players take turns drawing a number card from the bag and reading the number on the card to the players. If the number is on a player's card, it gets covered with a playing piece. The first player to cover all the numbers on their card is the winner. Note: Any simple 'cookie cutter' shape works well for cards.

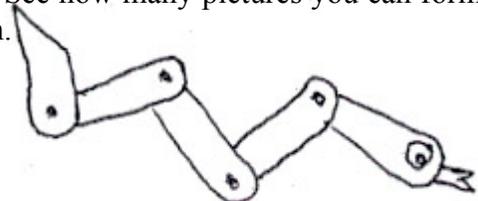
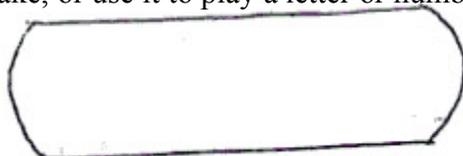
Bingo Card



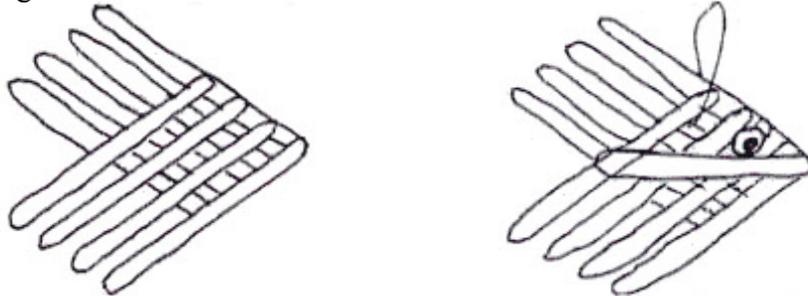
Number Card

Place one number on the back side of each head

- **A Paper Snake:** Items needed for 1 snake: Heavy construction paper, poster board or recycled greeting cards. 6 brass metal fasteners per snake. Hole punch, 1 wiggle eye, small paper punched circles. Trace around the shape onto paper, then cut it out. Trace around the pattern at least seven times for 1 snake. Heavy construction paper or poster board works well. (Recycled greeting cards could also be used.) Cut out the shapes and punch a hole in both ends of each shape. Connect the shapes with brass metal fasteners. Trim the end shapes to look like a snake's head and tail. Glue on a paper tongue, a wiggle eye, and punched-paper circles. See how many pictures you can form using the snake, or use it to play a letter or number game with.



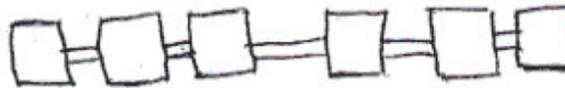
- **Wind Chimes:** Gather odds and ends (such as old keys, buttons, zippers, buckles, beads, and jewelry) and use what is collected to make wind chimes.
- **Hanging Fish:** Items needed for 1 fish: 10 craft sticks, piece of yarn 10-inches long. Use painted ice-cream sticks, painted craft sticks or natural colored sticks. 2 wiggle eyes. Arrange eight sticks as shown in the diagram below. Glue them in place and let them dry. Glue a stick along the center of the shape on both sides, add wiggle eyes, one per side. Allow the glue to dry. For a hanger, f a piece of yarn through the fish. Note: Make several fish and create a mobile.



- **Door Knob Message Wheel:** Trace a large plastic lid twice onto construction paper. Cut out both circles. To make a hanger, glue a yarn loop near the edge of the lid. Glue one of the paper circles on the lid covering the yarn ends. Use a ruler and marker to divide the other paper circle into 6 sections (the sections will be pie shape) Label each section with a different message such as: Shhhh Sleeping, Come In, Study Zone, Gone Out, Be Back Soon and Please Knock. Glue the sectioned circle to the other side of the lid. Allow the glue to dry. Draw and cut out an arrow shape from poster board. Outline the edges with a marker. Poke a hole in the arrow and through the center of the message wheel. Attach the arrow by putting a brass metal fastener though the holes. Decorate the edge of the wheel if desired. Rang on your door knob.



- **Icy Accessories:** This is a great hot day craft/game. An ice cube necklace is created by freezing pieces of a drinking straw in ice cubes, then threading string through the straw/ice cube. Knot the ends. An easier option... Have child string plastic beads or one-inch pieces cut from plastic straws. Fill an ice cube tray with water and spread the necklace on top, submerging it into the tray. Freeze. Pop out the ice necklace and see who can wear the chilly creation the longest before passing it along. Note: If each child makes an ice necklace...the last necklace to melt away could also be the winner.



- **Spray & Splatter Art:** Have some fun and paint a masterpiece in the wide open space. Hang a large section (about three feet square) of white poster board from a clothesline or tree branch. Water down washable tempera paint and pour into spray bottles. OR put the liquid in buckets and hand out turkey basters for easy re-filling. Stand back and let the children splatter paint to create modern art.
- **Invisible Writing:** Dip a cotton swab in milk or lemon juice and use it to write a message on a piece of paper. Give it to a child/friend with instructions to iron the paper to read the hidden message. Like magic, the message will appear in light-brown writing.

- **Backward Writing:** Write a secret message that can only be read in the mirror! Using a dark-colored marker, write a message on a light-colored, lightweight piece of paper. Flip the paper over and put another light colored, lightweight piece of paper on top. Copy the message backward. See if the kids can figure out how to read it.
- **Pinwheel Twirls:** Get thin wooden dowels for pinwheel stems; one per child. The dowels could be left natural color or they may be painted. For the wheel, have children-fold a large paper square in half diagonally, unfold the paper, then fold the paper on the opposite diagonal (this makes four triangles). Cut along creases three quarters of the way into the square's center. Curl left tip of each triangle into the square's center and secure with a glue stick. Tips should overlap a bit. Stick a pushpin through the center of the paper wheel. To assemble, child dips one dowel end into craft glue. Place a pencil-top eraser on dowel and press the push pin tip into the eraser.
- **Bubble Brew:** Blowing and chasing bubbles is great entertainment for kids. Here is the perfect recipe. Items needed: 1 cup Joy liquid dishwashing detergent, 2 cups warm water, 3-4 Tablespoons glycerin (can be found at most drugstores), 1 teaspoon sugar, large plastic container and some "found" bubble makers (see below). Gently stir all ingredients together in a big plastic container. Use unbreakable items that will make super bubbles. Some items to try: plastic six-pack beverage holders, biscuit cutters, paper cups, plastic coat hangers, straws, funnels to name a few. Dip the bubble makers into the brew and either blow through them or wave them in the air. If you wish to save the bubble brew for another time, cover the plastic container with a tight fitting lid and store.
- **Boat Making From Recycled Materials:** Recycled materials: Fast food hamburger and French fry containers, and drinking straw. Cut the French fry carton in the shape of a sail. Make two slits in it... one near the top, the other near the bottom. Insert the drinking straw through the slits. Poke the straw through the middle of the lid from a hamburger container to complete the boat. For fun, send it adrift with secret messages tucked inside. Note: Provide items to decorate boats: markers, stickers, cut-outs etc.

## YOUTH RALLY ACTIVITIES

### CHURCH SERVICE – INVOLVE THE CHILDREN

- Older children can read Scripture and proper poems that would be given to them on Saturday so they would be comfortable reading their part.
- Younger children can take up the collection, pass out the bulletins and song books.
- If needed, have a small rehearsal on Saturday for kids singing some children's Bible songs for the service.
- Try to have kid oriented sermons such as Noah's Ark, Letting Children Come to Jesus! Enter the Kingdom as a Child and the Creation to name just a few.

# YOUTH RALLY ACTIVITIES

## MEAL IDEAS

### **Breakfast Foods:**

Bagels	Toaster scramblers
Toaster strudel	Pancakes or Pancake roll ups - <b>jelly</b> or sausage rolled up
Pop tarts	Cereal/cereal in individual boxes, open box for the bowl
Tortilla Roll-Ups -see below	Toast & Jelly

### **Lunch/Dinner Foods:**

Hot Dogs	Ice cream/make ice cream sundaes
Hamburgers	Cookies
Barbecue on a bun	Marshmallows (S'mores) around campfire
Macaroni & Cheese	Hot Chocolate
Pizza	Punch
Sloppy Joe on a bun	Juice

### **A Few More Suggestions:**

Party Sandwiches: Use cookie cutters to cut bread in shapes. Spread with peanut butter, cream cheese, jelly, chicken, ham spread or egg salad. Carrot/celery sticks. Potato chips, chocolate or plain milk.

Boxed Picnic Dinner: Individual servings of potato salad in small containers wrapped or lid on top. Assorted vegetable sticks: cherry tomatoes, carrot sticks, cucumber slices..., even a little cup with a salad dressing for dipping. Olives and pickles could also be included. A nice red/yellow apple and a couple of cookies. Wrap groupings in plastic wrap. Don't forget the napkin and fork/spoon too. Pack the above foods into individually decorated shoeboxes or printed cotton scarf bandana's (great if doing a Hobo theme). Offer grilled hot dogs or hamburgers and cold fruit drink at serving time. Note: Collect shoeboxes, 1 per child prior to rally or ask that each child bring one to rally. As a craft activity during the rally plan to have kids decorate the shoe boxes and put their name on their box

Plane train or boat meal ticket: Cold plates consisting of one or more of the following: a slice of ham, roast beef, cheese, and/or bologna. One small roll that is sliced in half, per child. Potato chips, radish slices, carrot sticks, pieces of fruit and a couple of cookies. For an airplane or train theme... place chairs two across with a space for a make believe aisle and two more across like on a train or plane. Note: Divided TV size rigid Styrofoam plates would be fitting to use.

Italian dinner party: Cocktail franks heated and served on toothpicks. English Muffin pizzas. An antipasto tray of raw vegetable sticks and slices with/without dip salad dressing. Italian ice cups and cookies. Grape juice might be served as well.

Hobo Dinner: Place all ingredients on a piece of heavy-duty aluminum foil: 1 hamburger patty, several potato chunks (peeled), several pieces of carrot slices (peeled), and a few bits of chopped onion - optional. Salt and pepper to taste. Fold foil carefully to make up a package. Be sure all the edges are sealed well. Bake over a campfire or on a grill..., about 40 - 50 minutes. One packet per child.

Spaghetti Toss: Pig out on Pighetti! The kids won't forget this dinner. Provide each child with a bib made from a towel and 2 clothespins. Cover the table with a new, clean, plastic tablecloth that can be thrown away after dinner. Gather all sorts of kitchen utensils, ice cream scoops, tongs, wire whisks and spatulas. Have each child choose an 'eating' utensil. (No forks or spoons allowed.) Cook a batch of spaghetti and sauce appropriate for the number of children being served. Dump the spaghetti and sauce in the middle of the table and tell everyone to dig in. Plop a serving of salad and garlic bread next to each child.

Tortilla Roll-Ups: Flour tortillas, peanut butter, applesauce, raisins and cinnamon - optional are needed. Spread each tortilla evenly with peanut butter, top with applesauce. Sprinkle with a few raisins and cinnamon over all. Roll up jellyroll fashion. Warm slightly and enjoy! May be warmed in electric skillet, or in foil over a campfire or on a grill.

Sandwich Pies: Make 'pies' or 'sandwiches' using a pie/sandwich iron (\*) over a campfire. **Pies:** Use 2 slices of white bread per pie, each bread slice buttered on one side. Canned pie filling of your choice. Place one buttered bread slice down onto pie/sandwich maker... buttered side down. Place a Tablespoon or so of pie filling on top of bread slice. Place second bread slice on top of filling, buttered side up. Close pie/sandwich maker, slide ring up on handle to close tight. Place over campfire and keep turning until nicely browned on both side and hot. **Pizza:** Pizza can also be made using the pie/sandwich maker. A non-stick vegetable spray may be used on pie/sandwich iron before using. Use white bread slices, prepared pizza sauce, grated cheese and any other favorite fillings of choice. **Toasted sandwiches:** Use 2 slices of bread, prepared as above, thin sliced ham and cheese are favorites. Even add pickle slices and mustard to a sandwich. Try making a cheese sandwich. Peanut butter and jelly might become a favorite too. Cream cheese and jelly. Cinnamon and sugar too. (\*) Readily available in Camping World catalog or stores.

Cupcakes: Make cupcakes in flat bottom ice cream cones. These are easy to serve and eat. **Note:** Provide several frostings, plastic knives & spoons, sprinkles and nuts. Allow the children to decorate the cupcake cones.

Walking Tacos: Items needed: Individual size bags of Fritos corn chips, seasoned taco meat, shredded cheese, chopped lettuce, chopped tomato, plastic spoons, scissors. Turn bag sideways and cut the bag open. Spoon some of the meat mixture on top of the corn chips. Add cheese, lettuce and tomato. Give each child a spoon and a "walking taco".

Trail Mix: Items needed: Yield: about 3 quarts. 2 cups peanuts, 3 cups mini-pretzels, 1 cup Wheat **Chex** cereal, 1 cup Corn Chex cereal, 1 cup almonds, 2 cups mixed nuts, 2 cups sesame sticks, 1 teaspoon garlic powder, 1 teaspoon peanut oil. Mix all the ingredients in a large bowl and mix well to blend. Store in an airtight container. **Note:** Coconut, shredded, pumpkin seeds, raisins could also be added. Have the kids mix up a big batch of Trail Mix... help with measuring if needed. Plan a walk/hike giving each child a bag of mix. Makes a nice snack too.

Sunshine Tea: Yield: 1 quart. 2 large teabags, 4 small teabags, or 3 tea balls full of your favorite tea, 1 quart glass jar, full of water. Place the teabags/balls in the water. Put lid on jar and place it in the sun for at least 4 hours. Remove teabags/tea from the water. Put ice in a glass and pour the tea over it. The tea is now ready to drink. **Note:** Have the kids make up the tea after breakfast and set in the sun for lunch or evening meal.

# YOUTH RALLY ACTIVITIES

## THEME SUGGESTIONS FOR CHILDREN

Farm Animals	Creatures from the Sea	Insects
Wild Animals	Birds	Space
Summer Sports	Winter Sports	Magic
Detective/Mystery	Hobo	Fairy Tales
Circus	Games from the Past	Backwards Party
Cowboys/girls/Western	Travel, plane, boat, train, etc.	Patriotic
May Days	Water Fun	

- A Youth Rally that was held recently used Circus as the theme. These are some of the things that were done.

Decorations Animal shapes of construction paper. Kids draw faces on paper animals. Glue on yarn tails. Older kids can cut out the animal shapes. The animal shapes are placed around the room and be used in games. Crepe paper streamers hung at ceiling center area and streamers draped to room sides to form the look of a 'big top'. Lots of colorful balloons everywhere.

Circus theme snacks were also used: Animal crackers, circus brand peanuts in the shell, candy peanuts and popcorn. Hot dog, barbecue on a bun, macaroni and cheese were just a few items served.

Games were played using a circus theme. Feeding the elephant, push peanut race, tightrope walking race, animal hunt, -circus animal race, pin the parts on a clown, clean the animal cage, break the clown piñata were just a few that were used.

Craft activities were also planned: Tub of bears, making a clown egg and decorating place mats for tables.

## NOTES:

**NOTES CONTINUED:**